

MEALS ON WHEELS



deliver a difference

Starting Sept 1, 2017

Frozen Meals by APETITO

Meals to be ordered a month in advance

Approx. cost is \$5.10 for 1 entrée

Hot meal package is \$7.00 includes 1 entrée 1 dessert 1 soup

Soup \$2.00, Dessert \$2.00

If interested please contact Dawn-Marie or Keely @

705-657-8010 or stop into the Seniors Centre to pick up a menu.

So no senior goes hungry