

## Are you Mental Health Ready?

Mental Health First Aid Training will be made available to Curve Lake Members



Tuesday May 30<sup>th</sup> and Wednesday May 31<sup>st</sup> 2017

This is a 2 day course

9:00AM - 4:30PM

On behalf of the Akwaskdidwaud A Weekooksosswaud  
(Community Task Force)

Only 25 spots available

To sign up please call Marcie at the Health Centre  
705-657-2557

Lunch will be provided and a small gift given for completion ☺

*Mental health*  
BEGINS WITH *Me*